

301st Fighter Wing, AFRC NAS Fort Worth JRB, Texas

July 2010

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onnel Center and Command

> Inaugural mass muster receives high level attention. - page 4



Putting it all together

Col Richard Scobee

301st Fighter Wing Commander

I hope everyone had a safe and happy 4th of July. It's been a busy year and with the upcoming deployments more is still too come. But, don't forget to take time and relax. One of the ways available for our deployers and their families to relax is by attending the upcoming Yellow Ribbon Reintegration Program (YRRP) event at the end of this month.

We all know there are deployments on the horizon. This is the time to make sure everything is in order at home and one of the ways to do this is by attending the next 301st Fighter Wing YRRP event.

If you are about to deploy for 90 days or more, or have returned from a deployment during the past two months, you don't want to miss this.

The YRRP has been in full swing here for a year now and we've hosted some incredible events. I ought to know – I've been to all of them.

We've reached out to include members and families from other bases and other services. The feedback has been extremely positive, and now the Yellow Ribbon crew is hoping to outdo itself with the best event yet.

The next Yellow Ribbon weekend will take place in San Antonio. Married or single, YRRP events are designed to help you. During YRRP weekends, there are several seminars like Marriage Enhancement, Key Spouse Program, and even an anger management seminar presented by a comedian!

In the program's feedback, most people wrote that their favorite segment was "Four Lenses" where everyone gets to learn what "color" their personality is, as well as what "color" those around them are.

In addition, support agencies are on hand to discuss individual concerns about finances, employer issues, spouse support and more.

During this past year, I've written to you about the importance of taking care of your family, using the Employer Support of the Guard and Reserve to keep you in good standing at your civilian job, and taking some time to take care of your own wellbeing. The YRRP includes seminars and agencies that can help in those areas.

The information you receive is important to you and your family, but the event is also designed to be FUN! There is daycare for kids up to 12 years old; and a version of the program called Young Adult specifically for teens 13 to18 -- which has received rave reviews from parents and teens alike.

I'm sure you've heard the phrase; "location, location, location." Well, we have that covered too. Each of the hotels potentially selected for this YRRP is very close to Sea World! So,



Col Richard Scobee

sometime during the weekend you'll have the opportunity visit Sea World for a little extra relaxation and fun.

More information about this event is on page seven. You can also check the wing website and our Facebook (yes, we have a Facebook page, http:// www.facebook.com/pages/301st-Fighter-Wing/275300504707) for updates.

If you have questions about the program or want to register, contact MSgt Tom Blair, Yellow Ribbon Coordinator, at 817-782-7527.

I look forward to seeing you there.

ON THE COVER: Guy Stratton, principal director, manpower and personnel, Office of the Assistant Secretary of Defense (Reserve Affairs), Office of the Under Secretary of Defense addresses attendees here during the first-ever joint Reserve mass muster for the Individual Ready Reserve. *(U.S. Air Force Photo/TSgt Shawn David McCowan).* See story on page 4.

FIGHTER LINE

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Contents of the Fighter Line are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

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For more information about the Fighter Line, call the 301st Fighter Wing public affairs office at 817-782-7170.

Fighter Line Editorial Staff

Col. Richard W. Scobee	Commander
Laura DermarderosiansmithA	cting Chief, Public Affairs
TSgt. Shawn David McCowan	NCOIC, Public Affairs
SSgt. Chris Bolen	StaffWriter
SSgt. Laura Spurling	PAAdmin
SrAJeremyRoman	Combat Correspondent



Finding the strength within

MSgt Chari Petrie

610th Security Forces First Sergeant

What is strength? Where does it come from? Is it mental or physical?

The online dictionary website, www.dictionary.com, defines strength as, "mental power, force, vigor, moral power, firmness or courage."

Humans muster courage and maintain mental and moral power on a daily basis to function in today's society. Our Airman aren't any different. How we handle ourselves in given situations is based on our inner strength and moral compass.

Within a person, strength comes from the determination of their mind, heart, soul, words, and actions. It has very little to do with just physical muscle.

Children with life-threatening illnesses have more inner strength than a body builder has muscle. This definition of "strength" has less to do with muscle and more to do with fortitude.

The level of strength one requires is directly related to his/her current need or situation. If you are getting ready to deploy, you find the courage to leave your family and friends behind. You have to trust they are being taken care of at home.

The deployed Airman also needs the support of the family he/she is leaving behind. They provide that support by knowing their Airman must to go defend the country even though it may be the last time they see one another for quite some time.

Being strong is a necessity in the military. In order to be strong militarily you need to maintain personal inner strength. You never know what challenges will come your way forcing you to have to draw from that inner strength in order to move forward with your life.



MSgt Chari Petrie

If strength is not your forte, it is a lot easier than you think to boost your inner strength. And once you found a way to boost your inner strength, you will notice a change in your life for the better.

A workout from the inside out

Here are some easy steps I'd like to suggest to boost your inner strength:

- 1. Make a list of your successes each night before you go to sleep, no matter how small or insignificant. This activity will prime your brain to tune in to more success.
- 2. Check in with your friends. Having friends who support you will give you strength. Even a quick chat with a friend will remind you that you are not alone.
- 3. Affirmations are a great way to access inner strength. Repeat phrases like, "I am strong and healthy. I believe in myself." Studies have shown that affirmations improve focus and boost your resolution to get things done.
- 4. Spending time with your pet has been proven to improve your inner strength because that companionship causes our bodies to release hormones that make us feel more secure.
- 5. Take daily vitamins and minerals. Drink water throughout the day instead of coffee and sodas. Feeling better physically will boost your inner strength.
- 6. Keep a small pair of weights in your home. Lift them with your arms and do knee bends throughout the day for a few minutes at a time when ever you have a few moments.
- 7. Avoid as much television as possible. Instead do some gardening or indulge in some other kind of physical or mental hobby you enjoy.
- 8. Focus on your spiritual connection. Get in touch with a higher power and ask for inner strength.
- 9. Laugh as much as possible.



First of its kind mass muster highlights 'jointness' at joint reserve base



Guy Stratton, principal director, manpower and personnel, Office of the Assistant Secretary of Defense (Reserve Affairs), Office of the Under Secretary of Defense (Personnel and Readiness), Washington, D.C., addresses the attendees June 12 at Naval Air Station Fort Worth Joint Reserve Base, Texas, to show support for the first-ever joint Reserve mass muster for the Individual Ready Reserve. (U.S. Air Force Photo/TSgt Shawn David McCowan)

TSgt Shawn David McCowan 301st Fighter Wing Public Affairs

About 250 area Air Force and Navy reservists were on hand June 12 at Naval Air Station Fort Worth Joint Reserve Base, Texas, for the first joint Reserve mass muster for the Individual Ready Reserve.

The purpose of a mass muster is to gather IRR personnel, reservists who are still required to complete a military commitment, for the required check-in, briefings and needed announcements so they maintain readiness if called to active duty.

Normally, each military branch holds separate

musters in different regions and bases. However, according to Sherrie Briggs, chief of plans and programs at Air Reserve Personnel Center, which is responsible for the Air Force IRR program, experts at IRR conferences had discussed combining mass musters for more than ten years.

Joint mass musters could bring improvements like shorter drives for reservists, financial savings to supporting units and adding to the spirit of jointness shared by today's military.

Brig. General Kevin Pottinger, ARPC commander and former 301st Fighter Wing commander, also attended the muster to support the new process.

"It's really a great feeling to see such a positive result after a lot of coordinating. I hope this new joint muster makes everyone's life a little easier. That's our goal, and it looks like it worked," said General Pottinger.

General Pottinger believed that NAS Fort Worth JRB would be an ideal location to launch this new concept.

"Having been commander for the fighter wing here, I knew this was a perfectly centralized place to try this mass muster."

Lt. Colonel Doug Ottinger, Director of Assignments at ARPC, and one of the key coordinators for the event, said the mass muster had been in planning for almost a year, but really started to take shape in the last six to seven months.

Guy Stratton, principal director, manpower and personnel, Office of the Assistant Secretary of Defense (Reserve Affairs), Office of the Under Secretary of Defense (Personnel and Readiness), Washington, D.C., met with staff as well as addressed the attendees during the briefings. He was happy to see this endeavor become a success.

"This has been a big plan for a while, but the challenge was getting the right people at the right time in the right



place to make it work. It looks like we found that here," said Mr. Stratton.

Past musters forced servicemembers on IRR to travel much greater distances to separate facilities in order to fulfill their annual requirements. This mass muster only had to reach a 50-mile radius to bring in the 250 participants. Reservists like 1st Lt. Lucas Smith can appreciate the change.

"I've been on IRR for three years now. Last time I had to go to a muster it was three hours away in Abilene. So this is much more convenient," said Smith.

An additional sign of success was the surprising results for recruiting, one of the agencies in attendance. According to 301st Fighter Wing recruiters, it is normal for them to get recruitment leads from an average 10% of the muster attendees, and mostly from active duty members. This event gave the recruiters a record 24% of attendee leads. The recruiters reported this as the highest lead rate ever for their mass musters.

ARPC leadership plans to review the success of this event to decide if they will continue to hold joint mass musters in the future.



About 250 area Air Force and Navy reservists attend the first-ever joint Reserve mass muster for the Individual Ready Reserve June 12 at Naval Air Station Fort Worth Joint Reserve Base, Texas. Required support units and other agencies were available to answer individual questions. (U.S. Air Force Photo/TSgt Shawn David McCowan)



Brig. General Kevin Pottinger (right), Air Reserve Personnel Center commander and former 301st Fighter Wing commander, attends the first joint Reserve mass muster for the Individual Ready Reserve June 12 at Naval Air Station Fort Worth Joint Reserve Base, Texas. He spoke to IRR members during the event, including Lucas Smith, a commissioned officer in the Air Force who has been on IRR for three years. (U.S. Air Force Photo/TSgt Shawn David McCowan)



For up-to-the-minute news at the 301st, go to: http://www.facebook.com/pages/301st-Fighter-Wing/275300504707



Sherrie Briggs, chief of plans and programs, Air Reserve Personnel Center, addresses about 250 attendees June 12 at Naval Air Station Fort Worth Joint Reserve Base, Texas, as part of the first joint Reserve mass muster for the Individual Ready Reserve. (U.S. Air Force Photo/TSgt Shawn David McCowan)



Fighter Line

VA secretary announces hotline for homeless Veterans Responders at 1-877-4AID VET help vets find food, shelter and assistance

CANANDAIGUA, N.Y. (June 3, 2010) – Secretary of Veterans Affairs Eric K. Shinseki announced today the establishment of a new telephone hotline to provide emergency support and resources to homeless Veterans. He made the announcement as he toured the facility at the VA medical center in Canandaigua.

"It is unacceptable for a single Veteran to spend the night on the streets of America," said Shinseki. "The hotline of the new National Call Center for Homeless Veterans will provide homeless Veterans with caring, timely assistance and coordinated access to VA and community services."

Family members, workers at community agencies and non-VA providers also may call the hotline at 1-877-4AID VET to find out about the many programs and services available to assist homeless Veterans.

Well-trained expert responders will staff the hotline 24 hours a day, seven days a week. They will join other responders who staff VA's Suicide Prevention Hotline at Canandaigua.

Responders are cross trained to handle calls at either call center. While a responder will know which type of call is incoming, all Veteran callers will be receive a brief suicide screening.

VA officials recognize that homeless Veterans are in need of food and shelter, clothing, financial assistance, and treatment for medical conditions. Additionally, many require access to permanent housing, Veterans benefits and vocational resources.

VA assistance is available for homeless Veterans who may have mental health issues, substance abuse, depression, traumatic brain injury and post-traumatic stress disorder. The responders operating the new hotline will ensure Veterans receive the help they need and deserve.

The hotline, which began service on March 1, has received 1,846 calls. Call volume is expected to grow as awareness of the service increases.

The National Call Center for Homeless Veterans is the latest in a series of initiatives to help homeless Veterans. Last year, Shinseki launched a campaign to eliminate homelessness among Veterans within five years. Since then, the number of Veterans homeless on a typical night has dropped 18 percent.

"This reduction was achieved through VA's commitment to end homelessness among Veterans through enhanced collaboration with other federal, state, faith-based, Veteran service organizations and community partners," Shinseki said.

VA has approximately 4,000 agreements with community partners to help homeless Veterans. Last year, more than 92,000 homeless Veterans were served by VA's specialized homeless programs. This is an increase of 15 percent from the previous year.

Air Force offers monetary incentive for Airmen fluent in foreign languages

Air Force News

The Air Force needs Airmen possessing foreign language skills. Eligible Airmen may earn up to \$1,000 a month for demonstrated proficiency in certain foreign languages.

Over a 20-year career that equates to an additional \$240,000. If you think you might qualify for this bonus, visit your education office for more information.

Foreign language skills are just one aspect of the Air Force's Culture, Region and Language (CRL) Program. CRL provides combatant commanders with Airmen able to negotiate, communicate and relate with international partners.

To learn more regarding CRL visit the Air Force Culture and Language Center Web site at: www.culture.af.edu; http://lyris.dmasa.dma.mil/t/2424537/ 6721956/11526/0/>

Developing cross culturally competent Airmen is an essential part of the Air Force's global responsibilities.

The 301st Fighter Wing's Education and Training office has nearly twenty different languages available with the Rosetta Stone Language program. For more information, call Cindy Adams in the Education and Training office at 817-782-6977.

Important reminder regarding travel vouchers

Travel orders/claims must be approved by competent authority who determines the need for an order, requests its publication, justifies special authorizations, and approves claims for reimbursing items not authorized in the order or which require administrative approval. (AFI 65-103, Para 1.2.5 and AFI65-109, Para 1.5). Direct questions to 301st Fighter Wing Financial Management at 817-782-6969.



Achieve Leadership and Team Success!

Ms Wanda Black

301st Civilian Personnel Office

Building a winning team is the secret to success in the workplace. But that can be easier said than done in today's ever-challenging workplace. *Achieve Leadership and Team Success* is filled with ideas to help you inspire and motivate your employees. Discover ways to maintain or improve employee morale and productivity in good economic times and bad. Plus, learn common management challenges and how to avoid them.

Log on and learn critical leadership skills that can help you and your team reach your goals!

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Log on to www.FOH4YOU.com and register with your program's toll-free number, 1-800-222-0364 or 1-888-262-7848 (TTY), to access *Achieve Leadership and Team Success* and other helpful resources in the *Spotlight* section.



From Cowboy to patriot

Colonel Richard Scobee, 301st Fighter Wing commander, congratulates Michael Jefferson after administering the oath of enlistment to the former Dallas Cowboy wide receiver. Jefferson will be a member of the 610th Security Forces Squadron at NAS Fort Worth JRB. (U.S. Air Force Photo/TSgt Shawn David McCowan)

FOH FEDERAL OCCUPATIONAL HEALTH U.S. Department of Health and Human Services Employee Assistance Program

We Care, Just Call **1-800-222-0364 1-888-262-7848 TTY Users** www.FOH4YOU.com

Next Yellow Ribbon event scheduled for San Antonio



Military members of all branches who have recently deployed for 90 days or more, or will deploy between July 1 and November 30, are eligible to attend this free, enjoyable and informative weekend. Check the wing website and Facebook for updates. For questions or to register, contact

MSgt Tom Blair, Yellow Ribbon Coordinator, at 817-782-7527.



IMA program to hire 1,600 by Sept

AFRC News

The Individual Mobilization Augmentee program is set to hire 1,600 Airmen by September in positions opening worldwide in all career fields. Recent attrition rates and the rise of new positions have created a great need to grow the program. Unlike any other Air Force service member, IMAs have flexibility when they work and where.

"We're hiring and that is terrific news on several fronts," said Col. Nancy Zbyszinski, commander, Readiness Management Group. The RMG oversees the Air Force's 8,700 IMAs and 1,500 Participating Individual Ready Reservists.

"The IMA program offers a unique opportunity to serve in Reserve status for those who are not located near a traditional Guard or Reserve unit, for anyone who cannot commit to one weekend every month, or for anyone who wants to participate in new Air Force missions."

Designed under one of several Reserve categories, IMAs do not serve in Reserve organizations, but instead are assigned to active component units – either Air Force or joint. Rather than serving one weekend a month and two weeks a year, IMAs have flexibility in scheduling their annual training requirements. They coordinate with their active component supervisors to arrange duty dates according to the needs of the Air Force and the IMA's civilian schedule.

"IMAs are fully integrated into operations of the active component – assigned to more than 40 major commands, combatant commands and defense agencies," said Lt. Gen. Charles Stenner, commander, Air Force Reserve Command.

"We want to maintain the right people with the right skill sets in the right places, and the IMA program allows us to do that, along with our other Reserve categories."

Flexible duty dates and the chance to work in active duty organizations are just a few advantages of the IMA program. There is also the chance to participate in emerging, cutting-edge Air Force missions.

Like other Reserve or Guard members, IMAs can volunteer for manday tours or deployments. Base IMA program management staffs can provide more information about local manday opportunities.

Active duty functional managers and IMA program management staff can provide information on deployment options.

"Travel is a great side benefit," said Maj. Chuck Pittman, RMG director of personnel. "Imagine living in Michigan, but doing your annual tour and IDTs at Hickam Air Force Base, Hawaii, in the dead of winter. This is an unprecedented opportunity. People are jazzed about it. We have openings all over the world and in the new Global Strike, Cyber, and Africa Commands."

Another benefit is the potential to get paid for travel as well as annual duty.

For more information, go to http:// www.afrc.af.mil/news/ story.asp?id=123210583.





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